

Argyle ISD School Health Advisory Council

September 21, 2022

Council Minutes

Webex Meeting

Call to Order: 4:30 pm

Present: Kris Wildeveld, Vanessa Branch, Amy Bresnahan, Teresa Donovan, Elizabeth Davis, Kathleen Fortino, April Kuykendall, Traca Maestas, Ellen Malone, Emily Mericle, Lauren Ramsey, Sara Richardson, Tyler Sullivan, Sherrie Thompson, Deborah Cottle, Amy Bresnahan

Meeting:

◆ Introductions/Members 2022/2023

- Kris Wildeveld, Argyle ISD Nurse Coordinator, Chairperson
- April Kuykendall, Co-Chairperson, Parent
- Deborah Cottle, Secretary, Community Member
- Emily Mericle, Hilltop Elementary Nurse
- Kathleen Fortino, Argyle West Elementary School Nurse
- Traca Maestas, Argyle Middle School Nurse
- Sherrie Thompson, Argyle High School Nurse
- Dr. Paul Haggan, District Crisis Counselor
- Scott Collins, Argyle ISD Police Chief
- Sara Richardson, Parent
- Joelle Zavzavadjian, Parent
- Rebecca Lively Oehlers, Parent
- Dustin Mobely, Parent
- Teresa Donovan, Parent
- Khalib Day, Parent
- Lauren Ramsey, Parent
- Shelby Guthrie, Parent
- Dr. Becky Gomez, Parent
- Ellen Malone, Community Member
- Vanessa Branch, Ex-Officio Member

◆ Purpose of SHAC

- The State of Texas states that every school district is to have a local School Health Advisory Council and the Council makes a recommendation on health education, curriculum or instruction to the superintendent and the Argyle ISD Board of Trustees. A positive and comprehensive health structure including: physical education, student nutrition service, parental involvement, instruction on substance abuse and prevention, school health services,

mental health services, comprehensive school counseling program, safe and healthy school environment and school employee wellness

- Meet four times a year
- Create subcommittees if needed
- Reflect values of the community
- Majority of members need to be parents with a parent being a co-chair or chairperson
- Needs secretary
- The agenda needs to be sent out to the Council members to review and possibly add any items
- Post agenda and meetings on the website from the 10th day of the meeting after they have been voted on and approved by the SHAC.

◆ Texas Education Code was updated affective 12/2021

◆ Sara Richardson motioned to accept April Kuykendall as Co-Chair and Kathleen Fortino second the motion. Kris Wildeveld motioned to accept Deborah Cottle as Secretary and Ellen Malone second and the motions were approved unanimously.

◆ The last meeting minutes were posted back in April of 2022.

◆ The Bylaws for 2022-2023 were reviewed.

- A question was posed about the meeting time of 4:30. Since a majority of the membership of the Council consists of parents who cannot make the meeting, it is recommended to change it to 5:30 allowing those who have a difficult time making the meeting the opportunity to attend and participate. It was discussed and decided to change the meeting times to 5:30. Lauren Ramsey motioned to change the meeting times to 5:30 and Traca Maesta second. The motion was approved unanimously.

○ Amy Bresnahan, director of student nutrition and Tyler Sullivan, assistant director of student nutrition reviewed what a Wellness Policy and Plan are and it is due for an assessment on how the plan was going and where we go from here. They did a PowerPoint Presentation on the Local Wellness Policy.

○ Elizabeth Davis, High School Counselor, what programs are required at the High School and how the SHAC can work with the counseling department.

○ Safety and Security

- Argyle ISD Police officers assigned to all campuses full time

◆ Goals for 2022-2023 School Year for SHAC

- Wellness Plan

◆ A discussion was held about the High School exam policies for final exam exemptions due to sickness

- SHAC concluded that this may not be a SHAC issue, but should be addressed by parents at the campus level.

Meeting Dates 2022-2023:

- ◆ November 16, 2022 at 5:30 on Webex
- ◆ February 15, 2023
- ◆ April 19 2023

Adjourn: 5:26 pm